

College Study Tours



A Taste of Italy

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Experience the winding vineyards and earthy farms that are at the heart of the Old Country. Taste the unique flavor of Italy through the lens of tradition—all while having enough time to stop and smell the basil. Devour culinary lessons that you can only learn from behind the stove, and discover the meaning of the Slow Food movement that continues to influence the global community.

Optional Credit Course:

NUTR 4396 Special Topics: "Ciao: Culinary Exploration in Italy" This course can substitute for NUTR 4353 Cultural Competency for the Healthcare Professional if that course has not been completed

CITIES VISITED: MILAN REGION, TURIN, CUNEO REGION, LIGURIA, FLORENCE, SAN MINIATO, BOLOGNA AND PARMA PROGRAM NUMBER: LENGTH: 2063451TV 10 DAY PROGRAM **MAY 13 MAY 22 MAY 24** Requested

ENROLL ONLINE: EFCST.COM/2063451TV

Latest

return

Requested

departure

10-DAY ITINERARY

Day 1: Fly overnight to Italy

Day 2: Milan • Turin

- Meet your Tour Director at the airport
- Travel to Turin
- Enjoy a welcome drink in Turin
- Enjoy dinner in Turin

Day 3: Turin • Cuneo Region

- Travel via Turin sites to the Cuneo region
- Tour Turin with an expert local guide
- Tour a chocolate factory
- Enjoy dinner in Cuneo Region

Day 4: Cuneo Region

- Visit the Banca del Vino
- Visit Piedmont Farm
- Attend a cheese making demonstration
- See traditional pig farming
- Enjoy lunch at Piedmont Farm
- Spend a half day exploring Piedmont on your own

Day 5: Cuneo Region • Liguria • Florence

- Travel to Florence via Liguria
- Enjoy a traditional Florentine dinner

Day 6: Florence

- Enjoy an optional Tuscan wine tasting
- Take a guided tour of Florence
- See Ponte Vecchio
- See Piazza della Signoria

Day 7: Florence • San Miniato • Bologna

- Take an excursion to San Miniato
- Enjoy a local food tasting
- Enjoy a Tuscan virgin olive oil tasting

- Enjoy lunch at a Slow Food Association restaurant
- Travel to Bologna

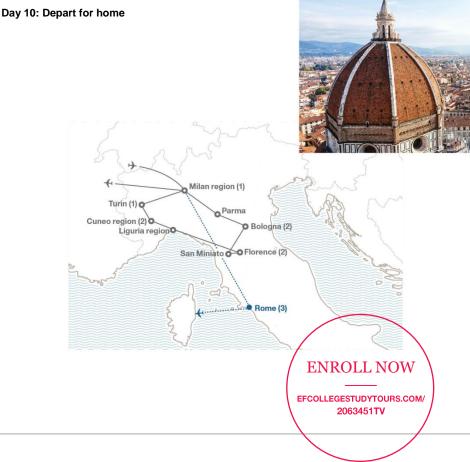
Day 8: Bologna

- Visit the University of Bologna
- Tour Bologna with an expert local guide
- Participate in a cooking class

Day 9: Bologna • Milan Region

Travel to the Milan region via Parma

Visit a local Parmigiano cheese factory



WHAT'S INCLUDED

- Round-trip airfare
- Accommodations
- Transportation

- End-to-end support
- Expert local guides
- Full-time Tour Director
- Guided sightseeing
- Entrances
- Regional-style meals

REQUESTED DEPARTURE DATE — SUBJECT TO CHANGE:

MAY 13 MAY 22 MAY 24

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DEPARTURE CITY: HOUSTON

ENROLL BY PHONE: 877-485-4184

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